

Linda Amato



Believable Alternatives

BRAVO

This inner being of self-led me to my truth
I found my voice, so low but waiting for me
I raised my hand into eternity
Knowing there is a reason for everything

To ask, to accept, to hear
Released all of yesterday's fear
It was within that I found my strength
Or, was it an essence that led me not to hate

I was cracked wide open yesterday
Filled with the fears of another's way
Never mine to claim, but gifted to me to absorb
I stopped them and opened the closed door

No longer did I tremble or cry in the night
I prayed to know the path of my light.
To be free was my inheritance that day.
For it is my right to love and have my say.

Staying present to my existence empowered me.
I could not change the past or another to see
Love is the key to choose in daily life.
Any other choice will demand to create strife.

Today I smile at the memory of what was
Happy and filled with joy for what is
Freedom is for everyone daily to embrace.
Living a blessed, loving life is our grace.

Everything has its purpose in existence
There are no mistakes, only lessons to learn
When we look at life with the eyes from within

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It is then that we choose a better way and win

We win the right to know our truth and live it.

Once the door opens, there is no turning back.

Life will never be the same again for anyone.

Who chooses to be brave, whether daughter or son.